

## **My Testimony**

*Author : Mike Forfar*

### **Finding the truth**

As a child I was brought up in the Church of England, even though I used to attend Sunday school and church only until the age of six but I had always considered myself to be a member of the Church of England. In 1978 I was a keen student of the prophecies of Nostradamus and I also had a strong interest in spiritualism, ie contacting and talking to the departed dead. I wanted to find out about the future and about what Nostradamus had to say regarding the end of the world. To my dismay I just couldn't understand what he was writing about. I later discovered that this man was a false prophet. I had the idea the bible might talk about prophecies of the last days so I went and got hold of my mother's bible. I thought to myself that if I looked in the last book of the bible that I would discover prophecies regarding the end of the world. That was how I found the book of Revelation. What I read was absolutely amazing but I could not understand what it was trying to teach. So I just browsed through the bible and by chance I discovered the Old Testament book of Daniel. I read the book of Daniel and I'm happy to say that I never looked at the writings of Nostradamus again. In 1979 I began to attend a Church of England youth group. They knew nothing about the bible and it seemed to me as if they didn't want to know either. I remember that we were all in a circle on the floor asking God for his blessings and they asked God to bless their outreach through a coffee shop they had at the church. I silently asked God to reveal to me the understanding of Revelation as I had no clue at all and I wanted to understand it. Not long after I received a flyer in the mail to attend a mission and hear an evangelist talk on the bible so I decided to attend. While I was attending the meetings he brought out on stage a great big statue. It was a model of the image in Nebuchadnezzar's dream as recorded in the book of Daniel. I knew that I had been led there and that my prayer had been answered. I went to most of the meetings. The experience from attending these meetings was as if God himself had opened heaven and I could see him on his throne it was that powerful. I learned about the dangers of spiritualism and how it is actually demon spirits who pretend to be the departed dead. After I had accepted the truths of what I had been taught my world began to fall apart. The preacher told us that the devil would attack those who had accepted Jesus and who want to teach the truth to others. To this day Satan had not let up on his harassment. This experience taught me that what the bible says is true and it is not just another book.

### **Demonic oppression**

It is Satan's aim to attack and destroy the Christian church even if the church still physically exists. Ultimately the only way to accomplish this is to destroy it from within. This is done by false doctrines and also by destroying the faith of individual Christians. At one time I was undergoing a dreadful experience that I refer to as spiritual warfare. I was remembering all the bad experiences and treatment that I had received from false Christians. I had nothing but bitterness and anger regarding the things that had been said and done to me. This bitterness and anger was consuming me and it was relentless. This particular attack lasted for about three months. While this was happening I was reading a book by a man named Roger Morneau who is an ex demon spirit worshipper who was converted to Christianity back in 1946. The book was entitled "A Trip into the Supernatural." and is his testimony as to how God rescued him from demon spirit worship. It was while I was undergoing the demonic attacks that I read this passage from his book

*"The Creator, the priest said, cannot lie, and He does not sway people's feelings to get them to believe His word. On the contrary, He wants them to accept it because they trust Him to tell only the truth. On the other hand, spirits can lie, and take advantage of the fact that human beings listen to their feelings when it comes to deciding on the direction of their lives. Spirits make full use of that weakness by causing people to feel strongly about things the spirits want them to believe. They fill the human mind with erroneous thoughts. People naturally accept such ideas, and always will."*

*"A Trip into the Supernatural." p61 Review and Herald publishing Assn Copyright 1993*

It was while I was reading the above passage that the depressing thoughts of bitterness for the Christian church instantly stopped like a light bulb being switched off. I then realised that these thoughts were not my own but were demonic suggestions from evil spirits that were designed to make me reject Christianity. I remember it clearly. My jaw dropped open and I just stared at the page I was reading as the thoughts disappeared. I never had another bad or negative thought about the church or any one in it for about three months. Later the thoughts returned but now I realised where they were coming from so I was armed. I just asked God to take away the demons who were putting these thoughts into my minds and the thoughts would disappear. It got to the stage that i

## *My Testimony*

---

---

could feel the presence of demons around me. The atmosphere in the air was noticeably different when they were close by and when they were gone.

Another quote from the same author says this

*“Demon spirits love to play games with the minds of humans,” a spirit priest told me during my days as a spirit worshipper. “They flash thoughts and images in people’s minds with such delicate skill that the recipients believe them to be their own reasoning. With a great sense of satisfaction he bragged how the spirits can activate the human imagination, triggering people to like certain persons and hate others. They can cause them to experience vibrant happiness, or the direct opposite -- great discouragement and depression. “And when it comes to poor Christians,” he declared, “those who are not aware of the supernatural activity and power, the spirits can apply such overwhelming pressure against them that it eventually destroys any faith they might have in the Creator.” “When You Need Incredible Answers to Prayer.” p70 Review and Herald publishing Assn Copyright 1995*

Regarding this experience I spoke to the wife of a friend of mine who was going through the same experience. As she related her experiences with this warfare it became obvious that it was identical. Her treatment by false christians, the demonic thoughts and feeling of demons surrounding her was so similar to mine that we understood that Satan's strategy was a laid out plan that seems to work. She is a woman the same age as myself who was born in the church while I am a male who joined the church as an 18 yr old teenager. Both from totally different backgrounds yet the battle with spirits, rejection and demonic oppression was identical. We both agreed that we could feel the presence of demons around us and that when we asked God to take them away the oppression stopped.

I distinctly remember a time when I was reading a Christian book “Mind Character and Personality Vol 2. The book was very interesting and is about Christian psychology. I woke up one morning and the feeling that hit me was frightful. It seemed that the room was full of evil spirits. The air seemed to be black and negatively charged as a wave of deep depression overwhelmed me. It seemed that I was going to have the worst day of my life. I reached over to my bedside drawer and picked up the book I was reading. I opened it and started to read where I had left off when all of a sudden the frightful oppression and deep depression disappeared instantly. It was a 180 degree turn. I remember having one of the happiest and brightest days of my life. The only explanation is that the Spirit of God attended the reading of the book and forced out of my room all the evil angels that were present. This experience taught me that the Spirit of God attends the reading of those authors books and that the Holy Spirit is the only remedy in the battle with evil spirits.

*“Each one of us is involved in the unceasing struggle between the forces of good and evil. I became acquainted with this conflict after my conversion from spirit worship nearly five decades ago. But through the years I have seen the powers of darkness lose their hold on the lives of great numbers of people as I prayed daily for God to appropriate the merits of Christ’s blood to them. He has honoured my prayers by having the Holy Spirit continually drive away demonic spirits or protect men and women from their control.” Roger Morneau, “More Incredible Answers to Prayer” p59. Review and Herald publishing Assn Copyright 1993.*

David, King Saul and the music that removes demonic oppression. 1 Samuel 16:14-23

**1 Samuel 16:14** *“Now the Spirit of the Lord had departed from Saul, and an evil spirit from the Lord tormented him. 15 Saul’s attendants said to him, “See, an evil spirit from God is tormenting you. 16 Let our lord command his servants here to search for someone who can play the lyre. He will play when the evil spirit from God comes on you, and you will feel better.” 17 So Saul said to his attendants, “Find someone who plays well and bring him to me.” 18 One of the servants answered, “I have seen a son of Jesse of Bethlehem who knows how to play the lyre. He is a brave man and a warrior. He speaks well and is a fine-looking man. And the Lord is with him.” 19 Then Saul sent messengers to Jesse and said, “Send me your son David, who is with the sheep.” 20 So Jesse took a donkey loaded with bread, a skin of wine and a young goat and sent them with his son David to Saul. 21 David came to Saul and entered his service. Saul liked him very much, and David became one of his armor-bearers. 22 Then Saul sent word to Jesse, saying, “Allow David to remain in my service, for I am pleased with him.” 23 Whenever the spirit from God came on Saul, David would take up his lyre and play. Then relief would come to Saul; he would feel better, and the evil spirit would leave him.” NIV*

While there is clearly certain types of music that demons inspire and love to hear we understand from reading the above statement from the Bible that there are some types of music that demons do not like to hear, so they depart and their depressing atmosphere departs with them. If we are undergoing demonic oppression from evil angels then the only remedy is to create an atmosphere around ourselves and our homes that they detest. One

way is to play music that the spirits find nauseating to be around. This can easily be done by playing Christian praise music where the words are easily understood. The words ought to be such that clearly praise God and give him glory. If this is done there will be a noticeable difference in the atmosphere where ever the music is played. The family home will become a much happier and brighter place to be. I would encourage everyone to give this a try and experience the results.

### **Conquering demons**

Singing praises to God is the only remedy, it really works. For quite some time I was being attacked by demon spirits so subtly that I was unaware of it. The spirits were whispering to me that I should abandon Christianity and that I had basically wasted my youth by associating with Christians. Soon after I was listening to some sermons about the positive benefits of praising God. So I decided that rather than leave God behind as the demons were suggesting I decided to praise God instead. I remembered a line from an old hymn that went like this:-

*“Praise God from whom all blessings flow, praise Him all creatures here below, praise Him all ye heavenly host, praise Father, Son and Holy Ghost”*

I began to sing this song while driving my car to and from work. Then I would sing it whenever I thought of it. Not long after an amazing thing happened. What I can only describe as a dark cloud lifted off my shoulders and went straight up in the air. It felt as if I was taking off a motorcycle helmet. For a few brief seconds I could feel the difference in the atmosphere from before and after the event. The difference was amazing and startling. I remember thinking, were people around me breathing in that atmosphere? It was dreadful. Then right away people began to notice a change in my behaviour as the oppression ceased. I was told that I was actually pleasant to be around whereas before I was dreadful. Having sensed the bad atmosphere that lifted from off me I understood what they meant. Yet I was oblivious to it. I now understand that the Holy Spirit from God had forced the demons away from me as a result of my singing praises to God.

I have been walking with God for 35 yrs now as of 2015. Salvation is real and so is spiritual warfare. Everyone of us has a guardian angel to protect us as well as demons who want to destroy us. The fight will not cease until we are in our graves waiting for the resurrection. But we can have peace here on earth amidst trial and persecution. The psalmist says that God is enthroned on the praises of Israel (psm 22:3) and in his presence is fullness of joy (psm 16:11). So if we praise God we will be brought into His presence to find fullness of joy.